

2011 UAlbany Women's Cross Country Best of the Year Times

4,000-Meter Run

Rank	Name	Year	Time	Avg. Mile	Meet
1	Kathryn Fanning	So.	14:21.8	5:72	Monmouth XC Kick-Off (09/03/11)
2	Emily Finnegan	Jr.	14:39.9	5:54	Monmouth XC Kick-Off
3	Melissa Del Rosario	Jr.	14:47.3	5:58	Monmouth XC Kick-Off
4	Ada Lauterbach	Sr.	14:50.0	5:59	Monmouth XC Kick-Off
5	Brianne Bellon	So.	14:57.1	6:02	Monmouth XC Kick-Off
6	Miranda McConnell	Jr.	15:13.8	6:08	Monmouth XC Kick-Off
7	Emily Fung	Jr.	15:39.0	6:19	Monmouth XC Kick-Off
8	Brianna Service	Jr.	15:58.0	6:26	Monmouth XC Kick-Off
9	Rachel Wysocki	Jr.	16:40.5	6:43	Monmouth XC Kick-Off
10	Jonelle White	So.	16:40.5	6:43	Monmouth XC Kick-Off
11	Amanda Eisenson	So.	18:21.1	7:24	Monmouth XC Kick-Off

5,000-Meter Run

Rank	Name	Year	Time	Avg. Mile	Meet
1.	Kathryn Fanning	So.	17:44.85	5:43	America East Championship (10/29/30)
2.	Emily Finnegan	Jr.	17:45.14	5:44	Greater Louisville Classic (10/01/11)
2.	Melissa Del Rosario	Jr.	18:07.60	5:51	America East Championship
3.	Brianne Bellon	So.	18:08.00	5:51	America East Championship
4.	Ada Lauterbach	Sr.	18:36.78	6:00	Greater Louisville Classic
5.	Miranda McConnell	Jr.	18:39.05	6:01	Greater Louisville Classic
6.	Nicole Gillette	So.	19:33.87	6:28	America East Championship
7.	Emily Fung	Jr.	19:52.06	6:19	America East Championship
8.	Jonelle White	So.	19:56.79	6:26	America East Championship
9.	Elia Francis	Sr.	20:43.16	6:41	America East Championship

6,000-Meter Run

Rank	Name	Year	Time	Avg. Mile	Meet
1	Emily Finnegan	Jr.	22:12.0	5:57	NCAA Northeast Regional (11/12/11)
2	Kathryn Fanning	So.	22:33.36	6:03	Iona's Meet of Champions (9/17/11)
3	Melissa Del Rosario	Jr.	23:15.03	6:14	Iona's Meet of Champions
4	Ada Lauterbach	Sr.	23:31.09	6:18	Iona's Meet of Champions
5	Miranda McConnell	Jr.	23:40.50	6:21	Iona's Meet of Champions
6	Brianne Bellon	So.	23:44.95	6:22	Iona's Meet of Champions
7	Brianna Service	Jr.	24:40.41	6:37	Iona's Meet of Champions
8	Emily Fung	Jr.	24:47.22	6:39	Iona's Meet of Champions
9	Rachel Wysocki	Jr.	28:19.18	7:35	Iona's Meet of Champions
10	Amanda Eisenson	Jr.	29:10.34	7:49	Iona's Meet of Champions